

Letters to the Editor ...

Dairy and Soy Alternative

Dear Mr Roads: Further to your comments in reply to David and Sandra Cooper's letter [5/06] concerning alternatives to dairy and soybean, we would like to suggest Nanny Goat Milk Infant Nutrition. This is produced by a company called Vitacare Ltd, in New Zealand, and contains neither soya nor dairy.

We used it to supplement our baby's food from about six weeks, and he was on it full-time from three months onward. At eight months, Finn is in the top 10 per cent for his age, weighs in at a healthy 23 pounds, and has bags of energy (bearing in mind that he is non-vaccinated and his mother is a homoeopath).

Yours sincerely,

Mish Lucas Craddock and David Pagden, deepster@mcdeepfinn.demon.co.uk

Wild Reaction to Aspartame

Thank you very much for your article on aspartame [see NEXUS 2/28 & 3/01 or website]. I have recently overhauled my diet because I felt so strongly that something was wrong and it was causing terrible mood swings. I had begun to think that I might be suffering from a mild psychological disorder and was seriously beginning to consider seeing a psychiatrist.

The change to my diet has had the desired effect. Having just now read your article, I think I may now know why. I was previously drinking up to two litres of diet cola a day. Now it is a can or two every day. Tomorrow it will be zero.

It is disturbing how much of your article described what I have been suffering from.

Steven Ryan, Western Australia, loki@gold.net.au

ET Message for Planet Earth!

Dear All: I have been an 'experimenter' since I was a child. I have had numerous surgeries performed by the ETs and have been fearful of them because I didn't understand why they did what they did to me.

Since May of 1998, I gave up my fear and all resentments and asked for the ETs to tell me why. Since then, my ET guide has given me incredible experiences that I wish I could share with all of you. He has shown me the future and has filled my heart with hope. Most recently,

he gave me an implant that has totally baffled my doctor. At first I wasn't sure if it was good, but since then I have been able to experience some of the most fabulous changes in my life that one could ever hope for. I didn't think I was worthy of such communications and teachings, but apparently *they* did.

When I asked to be able to remember my trips, they took me aboard a transporter ship to a huge dome-shaped ship and showed me some of their technology.

They can cure all illnesses and diseases, but do it only for those who have special missions to fulfill. They tell me that some humans create their own illnesses as a way of leaving this Earth; some have another lifetime to begin and can't do it until they end this one. They explained so much to me, yet I still have much to learn from them.

I have been asked to pass on a message from them to all people of Earth. It is their explanation of how to survive the coming Earth changes and move into the next era of Earth life. This is their message, not mine. To survive the Earth changes and move into the next era, this is what the ETs say must occur:

"Only when we let go of greed, judgement and prejudice can we truly love, and through that love we will evolve into greater spiritual beings, one with God and one with the Universe. All that is, is God."

I've been asked to present this message, not to take credit for it but only to reinforce the awareness that we are all one with God.

I am one of thousands who will be trying to communicate this and similar messages to the world before it is too late. If you wish to contact me or ask me questions, please feel free to do so.

Thank you.

Cynthia Holt, ctholt@worldnet.att.net

Neurophone Aids Hearing

I wanted to take this time to share with you my awesome experience with the Neurophone, invented by Dr Patrick Flanagan [NEXUS 2/18], in the hope that my experience would help others.

Let me tell you what led up to my trying the Neurophone. I have been wearing hearing aids now for almost a decade. I can't tell you exactly what happened to my hearing (there are several possibilities),

but, regardless of that, I cannot hear. Without my hearing aids, I basically hear nothing. If you stood with your mouth to my ear and yelled, I'd hear you; but if we were to sit together and you were talking, I would not hear you. When I take out my hearing aids, it is silent.

When I first heard about the Neurophone, I was sceptical because I didn't understand how this could possibly work; but I knew I would be the right person to try it because there is no way I could hear with my ears, so if I took my hearing aids out and used the Neurophone, the truth would be known.

So, that's what I did. I removed my aids and tried it. It was the most amazing thing I have ever heard! I could hear! I was able to hear immediately. I played a CD on my CD player, turned the volume off and took my hearing aids out, put the Neurophone on, and I could hear. It was unbelievable! There was no doubt in my mind that the Neurophone really worked because I could hear when I had the Neurophone headset on. (It's not really a headset; you don't put it on your ears. It looks like one, but you just make contact with it on your skin. I used it on my temples and my fingers.) Anyway, when it was contacting with my skin, I could hear; and as soon as I broke contact, it stopped. It truly was amazing.

My husband tried it, and he could hear; so did my children and many of my friends. Everyone who tried it experienced the same thing as I did.

Dr Patrick Flanagan has invented something amazing here, and I don't think we've even begun to hear about how this Neurophone is going to help people. There's no doubt in my mind that we will be 'hearing' a lot more about it.

Cynthia Saville, saviller@cadvision.com

Tsunami Threat to East Coast

Dear Duncan and crew: Nearly three years ago now, the CSIRO announced that the coast of eastern Australia had been struck by a large tsunami just 30 years before the arrival of Captain Cook. This wave measured 130 metres high in Sydney and 80 metres in Cairns.

Aside from raising questions about local Aboriginal survival rates and the nature of coastal flora,

the CSIRO's further findings bear urgent consideration. After analysis and dating of 'erratic' boulders perched anomalously on clifftops, and high, recent 'beach' sediments, CSIRO has found evidence of numerous wave events over the past few thousand years.

These lead researchers to estimate the risk of a 100-metre (average height) tidal wave as 15 per cent per century. It has been about 250 years since the last one. Every soul living on the east coast has an almost 50 per cent chance of being directly affected in their lifetime...

R. Ayana (NEXUS co-founder), Bowraville, NSW, Australia

Vegans are Life-Wishers!

I regret spending \$4.95 on my first copy of NEXUS. Whilst I applaud your attempts to keep our minds open, I am shocked by the harmful, insulting, misinformation found in the article, "Renewed Hope Against AIDS", by Robert Beck [5/05].

Quote: "...avoid nicotine addicts, vegans and other unconsciously motivated death-wishers..."??? "True vegetarian diets are missing essential amino acids...necessary for the successful rebuilding of AIDS-ravaged tissues"???

Dr Beck is years behind the times and seriously in error. Only the beef barons would take this statement seriously.

To quote Dr Neal Barnard (mentioned in your excellent article on the dangers of dairy products [5/05]): "Any variety of plant foods provides complete protein." Dr Barnard would be horrified to read the quotes from Dr Beck.

Humans, primates, elephants, rhinoceroses, cows, sheep and many other mammals build tissue from plant matter and are *not* missing any essential amino acids.

To lump vegans with nicotine addicts is doubly offensive. Vegans are not "unconsciously motivated death-wishers". On the contrary, we are consciously motivated life-wishers. We enjoy excellent health as a side effect of eating the foods nature intended for us. Our diet is morally, ethically, nutritionally and ecologically sound.

Your article has offended a large group of thinking people. Dr Beck should rescind his ridiculous statement, and NEXUS should apologise for printing incorrect and offensive material. Perhaps you

... more Letters to the Editor

NB: Please keep letters to approx. 100-150 words in length. Ed.

could make amends by featuring some of Dr Neal Barnard's writings on the wisdom of a vegan diet.

Lois Raynor, member, Vegetarian Society of Hawaii, RAYNOR-BURCHILL@prodigy.net

[Lois, I apologise! I thought I had chopped that piece out! However, this doesn't detract from the many success stories being reported to us from readers. Ed.]

Childhood Jabs Make Addicts?

Dear Sir: Is it any wonder that we have so many young drug addicts within our society?

Babies are jabbed with a needle on the day they are born and repeatedly vaccinated throughout their young lives, supposedly to keep them healthy. They are conditioned to accept that a jab is quite normal, and, upon adolescence, it is no 'big deal' to inject themselves with the drug of their choice.

Even on the *Play School* TV programme that my three-year-old son was watching (4 August '98), in a game of doctors and nurses they were injecting a doll with a look-alike syringe. What next?

Yours sincerely, Denise K., Bonogin, Queensland, Australia

Tidal Wave Preparedness

Dear Duncan: Regarding your editorial comments in the Oct-Nov '98 issue [5/06] on tidal waves striking the east coast of Australia, I have had a gut feeling for years that this would happen, and that the event will take place shortly.

The feeling was so strong that I bought a small farm 70 miles inland at an elevation of 1,000 feet above sea level, to grow most of my food. I have also installed alternative means for heating, cooking, lighting and radio, should utility services collapse. My family think I'm a bit of a 'nut case'; maybe I am, but I can't help but listen to my intuitions and instincts.

[Name withheld. Ed.]

Unified Conspiracy Theory?

Dear Duncan: I have been reading NEXUS for the best part of five years, and I feel I have had my money's worth of entertainment, stimulation and wonderment...

What I am looking for with each new issue is something like a Grand Unified Conspiracy Theory. All these 'little conspiracies' you are

reporting on don't seem to worry the 'big boys' at all, otherwise you would not be breathing and selling magazines any more. If nothing ever happens to you, then we, your readers and worshippers, could construe this as proof that the stuff you are reporting on has no solid basis in fact...

If, on the other hand, one of your future headlines would read "NEXUS Office Raided by Ugly Men Dressed in Black!", then our faith would be restored and we could feel the tingling of nerves, approaching the newsstand, asking in a hushed voice and with furtive sideways glances for a copy of...NEXUS, then slipping it into a brown paper bag and making sure nobody follows us on the way home.

We want you to bite the bit and start reporting on the mother of all conspiracies...

Helmut S., Coober Pedy, South Australia

[Helmut, if we were 'raided', obviously we would use this to get extra 'mileage'. Perhaps it is for this reason we have not been 'visited' yet? As for the Grand Unified Conspiracy Theory, we're still digging. Every time we peel one layer off the onion, there appears to be another one underneath! Ed.]

Alien Healing Encounter

Dear NEXUS: After reading the piece on alien healing experiences in the last issue [5/06], I thought you might like to hear of a similar experience.

It happened in December 1997. I had injured my back after doing some heavy lifting, and was suffering badly as a result. At the time I was sleeping on a sofa bed on the floor, and getting in and out of bed was particularly painful.

On the night in question I had gone to bed, lying on my side (which was less painful), and had dropped off to sleep.

I awoke later (what time, I don't know) with the feeling there was something behind me doing something to my back. I tried to move but was unable to do so. A feeling of panic came over me as I struggled to see what was behind me. I'm not sure if I managed to turn, or whether the picture came into my head, but I saw behind me a being (I think that is the best word to use, as I don't know what else to call it),

or at least I saw it from the neck upwards. I won't describe it in detail, but it had an insect look about it, and I assume, as I was lying on the floor, that it was about two to three feet tall. Instead of feeling more afraid after seeing this thing, I can remember saying to myself, "Oh that's alright"—then all fear vanished and I went back to sleep.

In the morning when I awoke, I had a memory of getting out of bed, going to the window and watching a small, roundish object, with a row of red light around the bottom, take off from a field about 150 yards away.

Now I could put it all down to a bad dream, having had similar nighttime experiences before, which I tend to file away in the back of my mind until I hear of something similar—which is why I have written this letter.

The next morning, my back was fine; not a twinge. All the pain was gone, and I would like to think it was the strange little creature who made it better.

Yours very sincerely,

C. H., Auckland, New Zealand

The 'Joe' Energy Phenomenon

Duncan: First of all, may I congratulate you on such a superb magazine, a real eye-opener. I have been an avid reader ever since I discovered it by accident at a local newsagent.

One of the subjects that I am particularly interested in is hydrogen power for automotive vehicles, especially as I work for a vehicle manufacturer on automotive engine management systems. 'The Joe Phenomenon' in issue 5/05, and updated in 5/06, was an enlightenment to other hydrogen generators which have appeared in your magazine and I have read about elsewhere, as their energy release just didn't add up. I believe that the Joe Phenomenon is an explanation of where the extra energy comes from.

In connection with the update in issue 5/06, I was horrified to read that a glass hinged-lid jar was used as a cell, especially as pressure build-up was noted with the plastic cell in the main article. Can I just say that there are plastic versions of these jars available, and two of them are sitting on my bench, ready to made up into the said cell when I get some spare time. One is transparent and the other is opaque.

I would be interested in contacting other people who are experimenting with the Joe Phenomenon so that notes can be compared. Maybe you have an idea how this could be achieved.

Keep up the good work.

Roy Hammond, RKHammond@compuserve.com

Fluoride-Coated Frying Pans!

Dear Duncan: The last NEXUS update on fluoride [5/03] was amazing, to say the least. I sent for the copies of the authors' technical research papers, where every one of them stated that fluoride was an extremely dangerous substance. I thought you and your readers might like to know that fluoride is in your frying pan as well.

It was Julia's birthday on Saturday and I thought I would buy one of those new home-bread-making machines. My main concern was that the bread dough would probably be sitting in an aluminium container of some sort and therefore aluminium would be absorbed into the food. And as we don't want any more aluminium, I asked lots of annoying questions to the shopkeeper who assured me that if that was what my problem was—well, "It's coated in Teflon and therefore the aluminium won't be a problem!"

I decided to ring the technical and research departments of Sanyo, Sunbeam and Panasonic to sort out the confusion. Most technical and research divisions could not answer me directly and had to look everything up in books and papers.

But I did discover that Teflon, which is a name owned by DuPont but copied by everyone else, is called PTFE, which means 'poly-tetra-fluoro-ethylene'! The production manager of Sanyo in Sydney referred to it as "fluoride resin"! The 'poly' and the 'tetra' refer to numbers, which means the main ingredients are fluoride mixed with plastic!

I guess we will making bread by hand after all, but I thought you and your readers might like to know about this. Who would want to cook their food on fluoride-coated cookware?

Regards,

Paul Cadwallader, pjadz@victnet.net.au